





July-juillet

August-août

September-septembre

Table with columns for Day, Time, Metres, Feet, jour, heure, mètres, pieds for each month. The table is organized into three main sections: July (1-31), August (1-31), and September (1-31). Each section contains two columns of data: one for local time and one for Greenwich Mean Time (UTC). Each row represents a specific day and time, with corresponding tide heights in metres and feet. Days of the week are indicated by three-letter abbreviations (e.g., WE, ME, TH, DI, SA, MA, MO, LU, FR, VE, SU, TU).

